

1. From the checkpoint **continue through the car park heading for a gap in the fence** in the top corner and a wooden fingerpost and an Ashfield District signpost. **Pass through this gap and onto the road. Turn left** to walk along the road for only 10m to a point where you see a stone wall on your left. Opposite side of the road to this you will see a stile in the hedgerow (it can be quite well hidden). **Cross over this stile, turn left** to walk along the bottom of the field with hedgerow immediate left, open fields to your right. As you reach the bottom left corner of this field, **pass through the gap continuing straight ahead** still with open fields right and hedgerow bordering a stream immediate left. On reaching the far side of the second field you will notice you are reaching the embankment bordering the M1 motorway. **Bear left** as indicated by numerous signs to go to the stile in the corner. **Cross over this stile then cross the bridge** as indicated by the yellow arrow. You are now walking through scrub woodland and on your right is a wooden fence. To your left you will notice the stream running through the woodland. **Follow the obvious path through this woodland.** This path meanders through the wood rising and falling gently at times but always keeping the fence on your right. At the far end of the wood the path meets a wooden platform leading to a stile. **Cross the stile and continue straight ahead** as indicated by the yellow arrow crossing a wooden bridge to emerge into "open" land. To your left an embankment and your right still the wooden fence. **Continuing straight ahead** guided by the wooden fence. The path eventually rises gently to reach a point where the fence "stops" and turns 90° right.
2. **AT THIS POINT YOU TURN 90° LEFT** to walk up the little path to the edge of the field. On reaching the field you **turn 45° right** to walk across this field, heading upwards towards a fingerpost in the hedgerow in the distance. Once across the field you meet a post, painted yellow at the top which has a yellow arrow on board. Immediately before this is a stone horse trough. **Cross the stile and continue straight ahead** as indicated by the yellow arrow. As you reach the apex of the hill in this field, look 45° left and you will see a yellow topped post. That is what you are heading for. To reach this continue **straight ahead** until you reach the fence to the next field and another yellow topped post. At this point you are at the wrong post of the 2 visible. The one you want is to your left. To reach this **turn left** to walk down the edge of the field to meet the edge of the coppice. **Turn left again** to follow the edge of the coppice and field...this will lead you up to the post you require. On reaching the 2nd yellow topped post, **pass through the hedge on you right** to walk across the green field using the "red brick" house in the distance as you guide across the field. As you reach the apex of the hill, look slightly left to see a squeezer stile in the wall, **head for this. Pass through this stile and continue straight ahead** heading to the right of the buildings. On reaching the driveway **continue along this drive** until you reach the road. At the road you will see the entrance to Stanley Grange farm. At this point **turn right** to walk down the road.

3. Heading sharply downhill you will meet Dale Farm just after which you will see a green metal fingerpost. **Turn left to walk down the path at the side of Dale Farm.** The path climbs to meet a stile, **cross over into the small field and go straight across to another stile in the hedgerow.** **Cross the stile and continue straight ahead** as indicated by the Yellow NCC arrow. Cross the field using the white building in the distance as your guide. You cross two further fields as you head towards the white house. Once across the third field you meet metal barrier metres before reaching an electric pylon. **Pass through the barrier to join the metallised road. Turn right to walk along the road.**
 4. Walking along the road you pass a farm followed by a few bungalows on your right. Approximately 200m beyond the bungalows you will see an entrance to a car park on your left. **Turn left to enter the car park** and after a few metres **pass through some gating into the park.** Once through the gap **continue along the wide, very obvious, track** which is heading slightly left. Where you meet a path, triangular junction **turn right**, then, after 10 paces or so **turn 90° left onto the path leading off the main trackway.** This path is fairly "open" at the beginning then, as it rises, passes through scrub. As you reach the wooden fence **pass through** and you meet, crossing you, a red brick pathway **Turn left to walk along the red brick path..**(follow the red brick road !!!). This path rises gently as you traverse. After approx. 300m this red path makes a positive right hand turn. Observe picnic benches all around this area. The path leading to the highest point in Notts. An obvious mound on top of which is the statue of a miner. As you reach the enclosure of the mound the **path runs around the perimeter in a clockwise direction.** Breathtaking views can be had from here on a clear day. You can see where you have walked from....and walking to and beyond!
 5. From the miner, **take the steps down to the left** to reach the wide trackway. At the track **turn left.** At the first barrier, **pass through and continue along this wide trackway.** You are going to remain on this track for a mile or so as it winds its way steadily downhill. Swinging first to the right....then passes a junction before swinging right...then right again...then left. It soon swings right again downhill to reach the bottom of the hill at a point punctuated by two ponds which you pass between. You will also meet a large "Welcome to Silverhill" sign. At this point **turn left** and you will see a sign for the "Teveral Visitor Centre". You are now heading for this centre. Soon you will see a fork in the paths....**take the left hand fork.** Once past the end of the pond (which is on your left) the path becomes "hedged" on either side. 250m on you meet a secondary trail known as the Teveral trail. At this point **turn right.** You now meet a metal bridge (Green in colour) **cross over this following the signs to the Visitor Centre and keeping to the main trail.**
- Please make a note of this bridge as you will return to this on the next section of the route.
6. After a further 200m you meet a "paths junction". **Take the trail to the left** signed Skegby, Teveral Visitor Centre. After a few paces **you pass through a metal gate then turn right** to cross a small bridge and **continue along the path** leading into the Visitor centre.

CHECKPOINT 3