

1. From the checkpoint turn right to walk along the road. Be careful as road can be rather busy. This is the small hamlet of Sookholme. After a short while the road bends slightly to the right, then at a point where it bends round to the left, **it is advised to cross over to the opposite side** and walk along the grass in front of the barn conversion. At a point where you see the community notice board and a post box, **turn left** to walk down the lane opposite. You are now walking on a metallised road which is bordered either side by hedgerow. After approximately 150m you will see a very small church on your left. **Continue along the lane.** You will pass three buildings; first a large building on your left, second Rose Cottage and then after few more metres the third building which is Herringwood Farm on your left. Immediately before this you will see a public brideway sign. Here **turn left** to walk down the lane immediately in front of the building. Walk down this lane which heads downhill and passes through a corridor of hedgerow.
1. At a point where the hedgerow emerges out onto open field you will see a post with waymarkers on it. **Continue straight ahead** along the obvious path indicated by the yellow arrow. This path kinks left and runs down to meet a main road in front of some red brick houses. On reaching the main road, **cross over** and you will see a tree house. **Turn right to walk along the pavement** leading under the railway bridge. Once the other side of the railway bridge and immediately before the Warsop Vale Hotel you will see a public brideway fingerpost. **Here turn left** to walk up the very wide lane to the right of which are some terraced houses and to the left of which are open fields. Once the houses end the lane meets a concrete lane. **Here continue straight ahead on the concrete lane.** To both sides are fields protected by wooden fencing. After a short while and immediately before the farm on your right, the concrete lane ends to become a rough track with hedgerow either side. Where you meet a metal gate **continue straight ahead.** The track becomes more and more rutted and bordered by hedgerow on either side. You are basically following the line of the power lines. At a point where the power lines cross onto the right hand side you are now bordered by hedgerow to the left and wire fence to the right. After walking down this lane in a straight line for about  $\frac{3}{4}$  mile the lane basically comes to a full stop at a point where just to the right there is an open field. Ahead of you is a yellow waymarker post and just beyond that there is a yellow arrow pointing up some steps. **Go up the steps** and at the top you come to the track bed of a former railway line. **Here turn right** to walk along this "lane", the base of which is black and bordered either side by trees and hedgerow.
2. Once again you notice that you are following the line of the power cables. After a  $\frac{1}{2}$  mile this well worn track bends a little to the left to lead down to meet another track. At this point you will see a yellow-topped post. At this point **turn right**, walking towards some boulders which are an obvious barrier, beyond which you will see a metallised road. Immediately opposite this road you will see another lane which runs steadily uphill. **Cross straight across the road towards an upturned tree** and you will see a metal fingerpost. **Carry on along this lane as indicated by the metal fingerpost**, having walked round the tree stump first. If you look to the right you will see the remains of a railway bridge. This is a sandy lane that climbs gently. Once at the top of the small hill you will see a yellow-topped post. Here a path joins you from the left but **you continue straight ahead.**

3. As you pass a second yellow-topped post, **continue straight ahead**. A short while, and after the second, post the path starts to descend to meet a third yellow-topped post with arrows on it. At this point you **continue straight ahead** along the obvious track. This path rises for a few metres and then levels out. Having wandered through the wood for about  $\frac{1}{4}$  mile you will come to a crossroad of paths. At this point do not be tempted to take the main path to the right but **continue straight ahead along the less obvious path**, which begins to rise after a short while. The path then levels out and after another 50m you reach a wooden kissing gate. Pass through this and now you are on the main A60 Mansfield to Worksop road. **Cross over and turn left**. Be very careful, this road is very busy - try to keep off the main carriageway if possible. Walk with the traffic coming towards you.
4. After about 150m and just past the far side of a lay by, you will see a wooden fingerpost. **Turn right to walk down this path** as indicated by the fingerpost and yellow arrow on the fence. This path winds downhill through a narrow strip of woodland with large fields either side.
5. After  $\frac{1}{2}$  mile the lane comes to an end at the side of a rather nice house where it meets the A616. Here **turn left and cross over to walk on the pavement on the opposite side**. Follow the road where it takes a sharp right and then round to the left to the Greendale Oak Public House. **Possible Checkpoint**