

Risk assessment sheet

Route: Monsal Head 22 June 2019

Date: Finalised 11 May 2019

Assessment carried out by: Louise Smalley Challenge Walk Organising Group

Hazard	Who might be harmed?	How can the risk be controlled?	What further action is needed to control the risk?
Length & duration of walk	Walk Participants Support Teams	<ul style="list-style-type: none"> • All participants are provided with a fact sheet when signing up to ensure they understand the nature of the challenge • The walk project manager contacts individual applicants where necessary to discuss any concerns prior to accepting entry forms • All participants are encouraged to prepare & practise before the event. Practise walks are offered from February onwards • A pre-walk talk is provided one week before the event • A safety briefing is given just prior to the commencement of the walk • An experienced controller role coordinates throughout the event. A written procedure is in place for support team leaders to follow and to ensure effective communication & coordination throughout the event. • Participants must reach checkpoint 6 by 7pm to ensure the walk can be completed within 20 hours. The support team leaders, in consultation with the Walk Controller and First Aid officers, have authority to prevent a participant from continuing if it is deemed that the walker can not safely complete the walk. • Eight check points along the route on the day of the walk. This enables the support crew opportunity to see walkers and provide support if required. First aid support can be accessed at checkpoints. Checkpoints give walkers opportunity to retire from the walk if 	

Hazard	Who might be harmed?	How can the risk be controlled?	What further action is needed to control the risk?
		<p>necessary. Checkpoints also provides drinks and food to ensure participants have adequate fluids and sustenance</p> <ul style="list-style-type: none"> • The distance between checkpoints becomes less as the walk progresses. • Roving checkpoint team in place throughout the event. This provides support along the route as required. • Qualified healthcare professionals, with appropriate equipment and vehicles are available throughout the event to provide first aid and emergency health care. • Each support team has at least one qualified first aider. First aid kits are held by each team. • A first aid course is offered to all walkers and support team members. The emphasis of the course is walk related first aid and advice on walk hydration and nutrition. • Walk participants are requested not to walk alone and should they come across a lone walker then to walk with them to the next check point. 	
Participants becoming lost	Walk participants	<ul style="list-style-type: none"> • The walk route description and maps are available on the Louise Smalley web site • Walk participants are actively encouraged to practice the walk route before hand so as they are familiar with the route • Participants are provided with a route description at the start of the event. Information is provided to walk participants, on what to do should they become lost. This information is also available on the website. • The Controller’s telephone number is on the route description given on the day, and participants are advised of this during the pre-walk safety talk. • Participants are required to provide details of the mobile phone they will have with them on the day of the walk so as the controller can contact them if there are any concerns • Support vehicles are available should a lost walker require assistance 	

Hazard	Who might be harmed?	How can the risk be controlled?	What further action is needed to control the risk?
Loss of phone signal on the route	Walk Participants Support Teams Healthcare team	<ul style="list-style-type: none"> • The route is walked fully prior to the event so as we can be aware of any points where a phone signal is weak or not available so as an action plan can be considered • On this route it has been noted that the phone signal is less reliable at the Haywood Car Park checkpoint, however a signal can be found at the crossroads not far from this checkpoint. The relevant Support team leader will be made aware of this. 	
Slips, trips and falls	Walk Participants Support Teams Healthcare team	<ul style="list-style-type: none"> • The route is walked fully prior to the event so as we can be aware of any points which may pose a particular risk i.e. steps, and these can be highlighted to participants • Participants are requested to wear appropriate walking footwear • First aid support is available throughout the event 	
Weather conditions: hot sun, inclement weather	Walk Participants Support Teams Healthcare team	<ul style="list-style-type: none"> • Participants are given written information to remind them to use sun protection • Participants are reminded to keep hydrated throughout the walk and checkpoints provide opportunity to obtain drinks • Participants are advised to carry suitable waterproofs if the weather forecast predicts heavy rain • Sun canopies are provided at checkpoints to provide shade/protection from rain • Participants can put changes of clothes on support vehicles during the evening prior to the event to enable a clothing change 	
Moving and handling support equipment	Support Teams Healthcare team	<ul style="list-style-type: none"> • Support teams have adequate members to support with moving equipment • Vans are used to provide wide doors and spaces for ease of moving equipment 	Support teams will be provided with sack barrows and these are to be purchased prior to the walk
Livestock- horses, cows etc in fields	Walk Participants Support Teams Healthcare team	<ul style="list-style-type: none"> • The route is walked fully prior to the event so as we can be aware of any points where there might be livestock. • Landowners are contacted prior to the event should any concerns be raised during the practice walks to inform that a large number of walkers will be passing through. 	

Hazard	Who might be harmed?	How can the risk be controlled?	What further action is needed to control the risk?
Road traffic	Walk Participants Support Teams Healthcare team	<ul style="list-style-type: none"> • Participants are reminded to take care when walking on roads at the start of the event • Any areas that have been highlighted as requiring caution are mentioned specifically in the route notes • Wherever possible the walk route is kept to public footpaths/bridleways • The checkpoint location is assessed for traffic safety 	
Young people 16 and under	Walk participants	<ul style="list-style-type: none"> • Safeguarding children policy in place • Walk controller and at least one support team member in each team have had DBS check • Young people aged between 14 and 16 years must walk with a responsible adult at all times • Support team leaders are authorised to stop a young person aged between 14 and 16 if they are found to be walking without a responsible adult. 	
Adults at Risk	Walk participants	<ul style="list-style-type: none"> • Adults at Risk policy in place • Walk controller and at least one support team member in each team have had DBS check • Adults at risk must walk with a responsible adult at all times • Support team leaders are authorised to stop an adult at risk if they are found to be walking without a responsible adult. 	
Electric fences, barbed wire, stiles in poor repair	Walk participants	<ul style="list-style-type: none"> • Participants will be advised, during the pre-walk safety talk, to take the usual precautions when walking in the country side. • Any fences or stiles identified during the route checking walks, that may require additional care, will be notified to participants in the walk route description 	