



# Rotherham Abuse Counselling Service

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Charity registration number: 1175142  
Patron: Sarah Champion MP

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**Rotherham Abuse Counselling Service is delighted to be nominated as a recipient for Louise Smalley Walk Charity Proceeds.**

## What we do

- We offer a free service to adults and young people over 13 who have suffered the trauma of abuse to enable them rebuild their lives.
- This includes child sexual abuse, child sexual exploitation, domestic violence, rape and financial exploitation.
- Anyone who lives or works in Rotherham or if their abuse happened in Rotherham can access our service.

## The Services we offer

- We offer a variety of services according to need including pre- therapy work in preparation for therapy and continuing access to online self-help pre during and post therapy for as long as needed.
- Specialist support during any criminal justice process.

## What we would like to spend the money on

- We need to provide a peaceful creative safe space for our clients. Rooms need to be comfortable and not “clinical” looking.
  - During lockdown we had to clear out a lot of things that had become damaged and then to make it safe for clients to return to, so we need new chairs etc.
  - We particularly need a creative room for our younger clients: sand trays and shelves with therapeutic toys, craft and art materials. Creativity is essential to many peoples' journeys to unlock trauma.
  - We now offer remote counselling and would like to make our smaller room a zoom room with specialist cameras which allow a 360 view enabling the use of creative materials even though client and therapist aren't in the same room.
  - Some laptops need replacing.
  - We would like to make our downstairs counselling rooms more comfortable and accessible for disabled clients.
  - We would like to reinstate our counsellor's area to make a comfortable space to relax and debrief. It's important we reduce the risk of vicarious trauma to our counsellors so that they are robust for the client work. It would be lovely to create a peaceful rest space for our therapists.
- Feel free to visit our website and visit our service to look around.

Gaynor Smith  
Clinical Lead

